

JOURNAL CLUB PRESENTATION REPORTS (2024-2025)



SANDRA SHROFF COLLEGE OF NURSING

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Plot No. 334, 335, 336 & 338, Near Haria L.G. Rotary Hospital Campus, GIDC, Vapi - 396195, Gujarat, India
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DATE: 20/09/2025

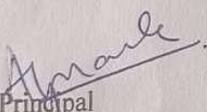
CIRCULAR FOR JOURNAL CLUB PRESENTATION

This is to inform you that the 4th Session of the Journal Club Presentation will be conducted on 04/10/2025 (Saturday) at 30:00 PM in the Ground Floor Multipurpose Hall.

The presentations will be as follows:

Mrs. Divya Pancholi – Digital Mental Health Intervention for Anxiety and Depression
Mrs. Chaitali Patel – Evidence-Based Practice in Pressure Ulcer Prevention

All faculty members and students are requested to attend the session and make the programme a grand success.


I/C Principal

Dr Anita Nawale

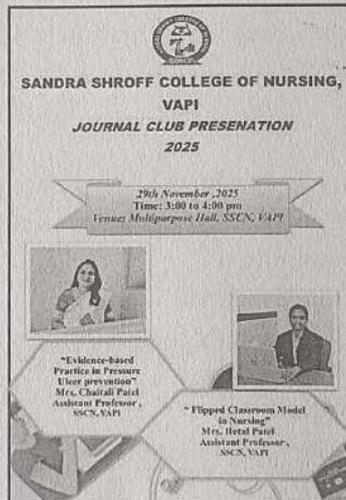
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REPORT ON 5th SESSION OF JOURNAL CLUB PRESENTATION



Prepared by
Mrs Chaitali Patel
Assistant Professor
SSCN, Vapi


Dr. Anita Nawale
I/C. Principal
S.S.C.N. VAPI

Signature of In Charge Principal
Dr Anita Nawale
SSCN, VAPI



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Name of Programme: 5th Session Journal Club Presentation

Date: 29th November, 2025

Time: 3 to 4 Pm

Venue: Multipurpose Room

Name of Coordinator: Mrs Chaitali Patel

Participants: Faculty Members (12Members)

REPORT ON 5th JOURNAL CLUB SESSION

The 5th session of the Journal Club was successfully conducted in the Multipurpose Hall with enthusiastic participation from faculty members. Mrs. Chaitali Patel, Assistant Professor, and Mrs. Hetal Patel, Assistant Professor, presented on the following topics:

1. Mrs. Chaitali Patel

Topic: "Evidence-based Practice in Pressure Ulcer Prevention"

Journal Title: "Evidence-based Clinical Practice Guidelines for Caregivers of Palliative Care Patients on the Prevention of Pressure Ulcer"

Name of Journal: Indian Journal of Palliative Care

Authors: Lovely Antony, Anu Savio Thelly, Juby M. Mathew

Volume: 29, **Issue:** 1

Publication: January–March 2023

Type: Preferred Reporting Items for Systematic Reviews and Meta-Analyses (Systematic Review)

Location: Olavanna Panchayath, Kozhikode, Kerala (36 caregivers)

Duration: February 2019 to January 2021

Ethical Approval: Tehran University of Medical Sciences

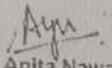
Registration: Iranian Registry of Clinical Trials (IRCT20200808048334N1)

Steps of Guideline Preparation

1. Study strategy for guideline preparation
2. Classification of selected articles according to the level of evidence
3. Development of evidence-based guidelines for skin assessment and skin care
4. Development of evidence-based guidelines for repositioning and mobilization
5. Development of evidence-based guidelines for nutrition and hydration

Discussion

- Systematic review highlighted the importance of structured guidelines in preventing pressure ulcers.
- Evidence demonstrated effective strategies for skin assessment, repositioning, mobility, and nutritional management.


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- These guidelines help caregivers reduce the risk of pressure ulcers in palliative care patients by following standardized, evidence-based practices.

Results

Based on high-quality evidence, clinical practice guidelines were developed to support caregivers in performing proper skin assessment, skin care, repositioning, mobilization, nutrition, and hydration to effectively prevent pressure ulcers among palliative care patients.

Conclusion

Evidence-based nursing practice integrates the best available research with clinical expertise and patient values. This approach supports problem-solving and promotes the selection of appropriate preventive strategies, ultimately improving patient comfort and enhancing the quality of life of palliative care patients. The guidelines were prepared through extensive systematic review, randomized controlled trials, and existing international guidelines, and were modified to suit the local care setting.

2. Presentation by Mrs. Hetal Patel

Topic: "Flipped Classroom Model in Nursing"

Study Title: "A Study to Assess the Effect of Flipped Classroom on Effective Learning among Third Year B.Sc. Nursing Students in TMM College of Nursing, Thiruvalla."

Authors: Blessy Peter, Jaya Mathew, Jasmin James, Bindu Nair, Christy Abraham, Blessy Varghese, Ashisha C.

Journal: International Journal of Nursing Education and Research

Publication: February 2025, Volume 13(1): 45–48

DOI: 10.52711/2454-2660.2025.00010

Design: Quasi-experimental post-test only

Research Approach: Quantitative

Research Results

- Majority of students were aged 20–21 years (93.75%) and belonged to nuclear families (83.3%).
- None of the students had prior knowledge of Brugada syndrome.
- **Experimental group:** 87.5% had excellent knowledge, 12.5% had good knowledge.
- **Control group:** 45% had excellent knowledge, 45% good, and 8.3% average.
- Mean score: **Control – 24.71, Experimental – 27.16**, showing significantly improved learning with the flipped classroom model.
- Calculated t-value (–3.6) was less than the table value (1.679), indicating statistical significance.

Conclusion

The flipped classroom method was found to be significantly more effective than the traditional teaching method in enhancing students' knowledge regarding Brugada syndrome. Higher post-test scores among the experimental group confirmed improved learning outcomes. This method



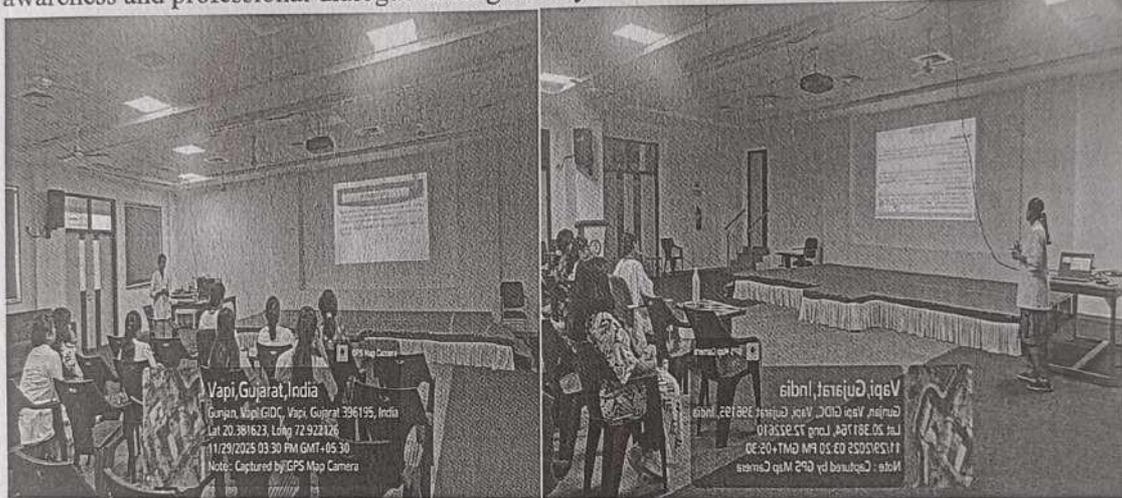
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promotes active learning, engagement, and deeper understanding of complex concepts, making it a valuable approach in nursing education.

SESSION CLOSURE

The session concluded with an interactive discussion, where participants shared their insights, sought clarifications, and reflected on the practical implications of the presented evidence. Overall, the session served as a meaningful platform for academic enrichment, fostering research awareness and professional dialogue among faculty members.



THANK YOU

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JOURNAL CLUB PRESENTATION ATTENDANCE SHEET

SR.NO	NAME OF FACULTY	SIGNATURE
1.	Dr. Anita Naarale	Ana
2.	Mrs. Mayuri Patel	MP
3.	Mr. Sheela Inrese	SI
4.	Mrs. Suparna Chakraborty	SC
5.	Mrs. Sheetal M. S	SM
6.	Ms. Akanksha Patel	AP
7.	Mrs. Niromita Patel	NP
8.	Mrs. Anju - K. Gravit	AG
9.	Dr. Disha Agashiwala	DA
10.	Mrs. Neema Kaulija	NK
11.	Mrs. Hetal Patel	HP
12.	Mrs. Swati Kishorey	SK
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REPORT ON 4th SESSION OF JOURNAL CLUB PRESENTATION

**Prepared by
Mrs Chaitali Patel
Assistant Professor
SSCN, Vapi**


Dr. Anita Nawale
I/C. Principal
S.S.C.N. VAPI

**Signature of In Charge Principal
Dr Anita Nawale
SSCN,VAPI**



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Name of Programme: 4th Session Journal Club Presentation

Date: 2ND August 2025

Time: 3 to 4 Pm

Venue: Conference Room

Name of Coordinator: Mrs Chaitali Patel

Participants: Faculty Members (13 Members)

The 4th session of the Journal Club was successfully conducted in the conference room with enthusiastic participation from faculty members are Mrs. Mayuri Patel, Associate Professor & Mrs Suparna Chakraborty Associate Professor presented on following topics:

Mrs. Mayuri Patel, “**Journal Club on Non-Pharmacological Pain Management in Labor**”

Mrs Suparna Chakraborty, “**Emotional intelligence in Nursing Leaders**”

1) **Title:** Virtual Reality, Fear of Pain and Labor Pain Intensity: A Randomized Controlled Trial

- **Journal:** APM's First Journal Impact Factor Announced: 3.2 in 2025
- **Author:** Halimeh Mohammadi, Javad Rasti and Elham Ebrahimi
- **Date:** 6th February 2023
- **Volume:** 13
- **Article :** 1
- **Page num. :** 01
- **Key Achievements:**
 - #1 among all ESCI-indexed journals in Anesthesiology & Pain Medicine (2024 JIF)
 - Q1 in the JCR Anesthesiology category (13th out of 68 journals)
 - Q2 among SCIE-indexed anesthesiology journals (13th out of 31)
 - Ranked 48th out of 139 journals in the Scopus anesthesiology and pain medicine category
- **Study Design:**
 - ✓ **Type:** True Experimental Research Design Randomized controlled trial (RCT)
 - ✓ **Location:** Emam Khomeini Hospital, Mahabad, Iran
 - ✓ **Duration:** February 2019 to January 2021
 - ✓ **Approval:** Ethics approved by Tehran University of Medical Sciences
 - ✓ **Registration:** Registered in Iranian Registry of Clinical Trials (IRCT20200808048334N1)
 - ✓ **Total Sample:** 130 primiparous women
- **Discussion:** Compared VR with chewing mint gum; both reduced pain and increased satisfaction.
- **Frey et al.:** Found VR effective during episiotomy repair.


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- **Carus et al., Wong et al.:** Supported VR's role in reducing pain during wound dressing.
- **Mechanism of VR in Pain Control:** VR distracts women from the labor environment. Reduces perceived pain by shifting attention away from stress-inducing stimuli.
- **Effect of VR on Fear of Pain:** Our study showed a significant reduction in fear of labor pain in the VR group. Fear of pain influences the decision for elective cesarean section may help encourage natural delivery by alleviating fear.

Conclusion: The use of Virtual Reality (VR) during labor was found to be effective in helping women feel calmer, more relaxed, and in control of their birthing experience. By immersing the laboring women in a calming virtual environment, VR served as a powerful distraction technique, reducing their focus on pain and anxiety. This reduction in perceived pain and fear allowed for better psychological and physiological coping responses during labor. The findings of this study support the use of VR as a safe, non-invasive, and effective **non-pharmacological intervention** for managing both pain intensity and fear during childbirth. As such, VR has the potential to enhance maternal comfort and satisfaction, and may serve as a valuable complement to standard obstetric care.

2) Title: "Emotional intelligence in Nursing Leaders"

- Journal of Nursing and Practice (ResearchGate)
- Open Access | Page 526 |
- Vol 7 | Issue 1 | Pages 526-531
- ISSN: 2578-7071

Author:

- Maria Fragkaki, RN, MSc, PhD, Department of Nursing, Faculty of Health and Caring Sciences, University of West Attica, Greece
- Georgia Fasoï, Professor in Community Nursing, Department of Nursing, Faculty of Health and Caring Sciences, University of West Attica, Greece

DOI: 10.36959/545/429 Year: 2024

DESIGN:

The study used bibliographic analysis and revealed the intellectual framework, themes, and topics of EI and leadership research, shedding light on EI's role in leadership and human resource management.

RESEARCH RESULTS:

In the study conducted by Diamantopoulou and Lavdanitis, an effort was made to examine how nurses applied their professional practices and the presence of EI components in accordance with Goleman's theory. It was found that the participating nurses expressed information from all EI dimensions. These were related to the application of nursing knowledge in the context of their work. More specifically, the EI skills that nurses use most frequently are self-awareness, self-management, social awareness, and social management. Finally, it was found that using EI could provide strategies for effective professional practice and intervention. McQueen [23] stated that the existence of emotional involvement has an important role in the formation of the therapeutic

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relationship between the patient and the nurse, but carries the risk of exhausting the nurses if this is intense and long-term. Similarly, Akerjordet and Severinsson found that nurses are expected to have professional sensitivity in order to recognize the weaknesses that patients have, while at the same time being able to differentiate their emotions from those displayed by patients in an effective way.

CONCLUSION:

EI describes the perception, understanding, assimilation, and management of emotions and is related to both performance and leadership effectiveness. Moreover, it contributes to maintaining existing jobs, job satisfaction, stress management, and prevention of positive forms of conflict and burnout. Regarding the cross-sectional part of the research, according to the findings of the study, nurses seem to have relatively high EI. The results also show that EI levels are directly related to sex, age, and years of service. This review of theoretical and practical implications suggests that increased investment in the development of EI and leadership effectiveness is critical in nursing practice.

The session concluded with an interactive discussion, where attendees shared their perspectives and had their queries clarified. Overall, the event served as a valuable platform for academic enrichment and professional dialogue.



THANK YOU

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DATE: 28/07/2025

CIRCULAR FOR JOURNAL CLUB PRESENTATION

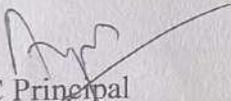
This is to inform you that the 3rd Session of the Journal Club Presentation will be conducted on 2/08/2025 (Saturday) at 03:00 PM in the Second Floor Conference Hall.

The presentations will be as follows:

Mrs. Mayuri Patel – Non-Pharmacological Pain relief Methods During Labour

Mrs. Suparna Chakraborty – Emotional intelligence in Nursing Leaders

All faculty members and students are requested to attend the session and make the programme a grand success.


I/C Principal

Dr Anita Nawale

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THIRD SESSION OF THE JOURNAL CLUB

ATTENDANCE SHEET

SR.NO	NAME OF FACULTY	SIGNATURE
1.	Dr Anita Nawale	
2.	Mrs Mayuri Patel	
3.	Mrs Sheba Joverse	
4.	Mrs Divya Pancholi	
5.	Mrs Suparna Chakraborty	
6.	Mrs Chaitali Patel	
7.	Mrs Poonam Patel	
8.	Mrs Daulat Kuwar	
9.	Mrs Brijal Patel	
10.	Mrs Sheetal Mk	
11.	Mrs Sangita Kansara	
12.	Mrs Nithya M.	
13.	Mrs Hetal Patel	

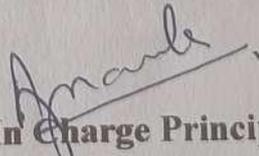


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REPORT ON 3RD SESSION OF JOURNAL CLUB PRESENTATION

**Prepared by
Mrs Chaitali Patel
Assistant Professor
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**Signature of In Charge Principal
Dr Anita Nawale
SSCN, VAPI**



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Name of Programme: 2nd session Journal Club Presentation

Date: 19th July 2025

Time: 3 to 4 Pm

Venue: Conference Room

Name of Coordinator: Mrs Chaitali Patel

Participants: Faculty Members (8 Members)

The second session of the Journal Club was successfully conducted in the conference room with enthusiastic participation from faculty members. Mrs. Sheba Joverse, Associate Professor presented on the topic "Using Gaming as an Active Teaching Strategy in Nursing Education."

Journal Details: Teaching and Learning in Nursing

- **Title:** The effectiveness of simulation game on nursing students' surgical nursing knowledge—a quasi-experimental study
- **Journal:** Teaching and Learning in Nursing (Elsevier) Volume/Issue: Volume 19, Issue 1, Pages e22–e29 (published January 2024)
- **Early online publication:** September 7, 2023
- **Impact metrics:**
 - Impact Factor: 1.9
 - Cite Score: 2.6
 - Q2 journal in relevant subject areas such as nursing education and simulation
- **Aims & Scope:** Focuses on empirical research and theory in nursing education, including innovative teaching strategies, simulation-based learning, and foundational skills in nursing pedagogy.
- **Data Analysis:** Means of surgical nursing knowledge were compared using two-way ANOVA with an interaction term of group and time together with adjusting variables (educational background, work experience in social and health services, previous gaming activity [gaming refers here how much students played nondigital games, digital games or educational games in the last year], self-evaluated measures of phases of the following CR skills: collecting information, processing information, identifying problems, establishing goals, taking actions, and evaluating outcomes).
- Changes and differences of means were estimated together with p values, standard errors, and confidence intervals.
- Analyses were performed with statistical software SAS version 9.4.
- **Discussion:** A previous study noted the challenges in online learning of combining theoretical knowledge with practice and suggested using more interactive software tools in education (Shorey et al., 2022). In this study, an interactive simulation game was used to provide surgical nursing knowledge through practical patient scenarios. The result showed that both groups had better surgical nursing knowledge after the intervention than before.

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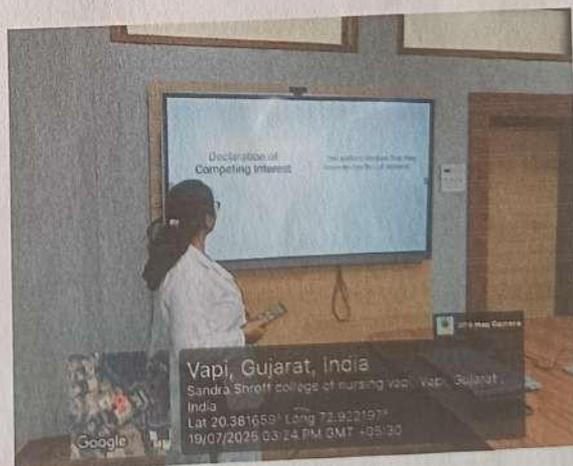
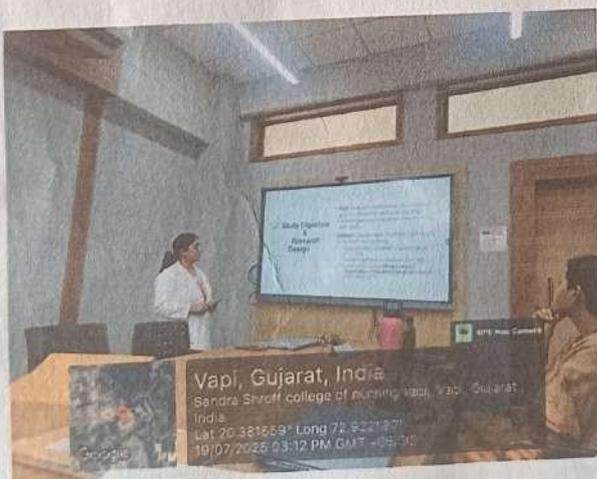
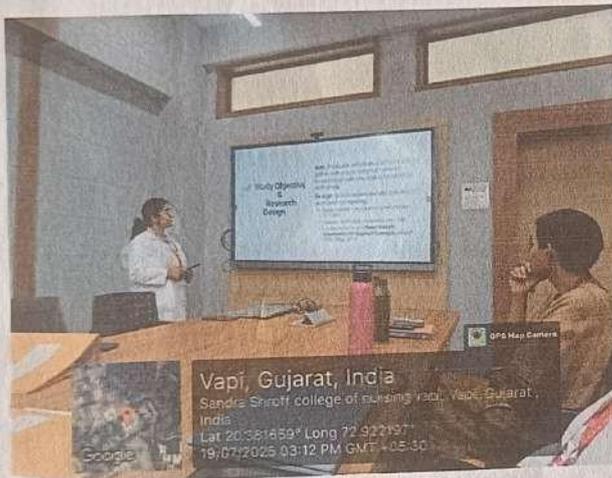
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- Although the knowledge of the students who played the simulation game was poorer than those who read the theoretical self-study material before and after the intervention, the change was greater for the students who played the simulation game. Thus, playing the game is an effective means of acquiring surgical nursing knowledge.

Her insightful presentation highlighted the structure, objectives, and findings of selected articles, emphasizing the potential of game-based learning to enhance student engagement and outcomes in nursing education.

The session concluded with an interactive discussion, where attendees shared their perspectives and had their queries clarified. Overall, the event served as a valuable platform for academic enrichment and professional dialogue.



THANK YOU

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SECOND SESSION OF THE JOURNAL CLUB

ATTENDANCE SHEET

SR.NO	NAME OF FACULTY	SIGNATURE
	Dr Anita Nawale	
	Mrs Sheba Joverse	
	Mrs Suparna Chakraborty	
	Mrs Chaitali Patel	
	Mrs Ashwini Poghe	
	Mrs Hetal Patel	
	Mrs Jagruti Tandel	
	Dr Disha Agashiwala	



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DATE: 15/07/2025

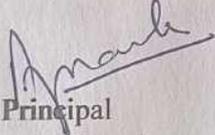
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The presentations will be as follows:

Mrs. Sheba Joverse – Using Gaming as an Active Teaching Strategy in Nursing Education

All faculty members and students are requested to attend the session and make the programme a grand success.



I/C Principal

Dr Anita Nawale

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DATE: 28/07/2025

CIRCULAR FOR JOURNAL CLUB PRESENTATION

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The presentations will be as follows:

Mrs. Mayuri Patel – Non-Pharmacological Pain relief Methods During Labour

Mrs. Suparna Chakraborty – Emotional intelligence in Nursing Leaders

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I/C Principal

Dr Anita Nawale

Sandra Shroff College of Nursing, Vapi

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JOURNAL CLUB
PRESENTATION
2025

**Guidelines for the Use of
Artificial Intelligence
in Manuscript Preparation and Review**
PROF. MR. SAMUEL FERNANDIS
PRINCIPAL
SSCN, VAPI



Nurse Led Clinic
PROF. MRS. J. M. SILJA
HOD CHILD HEALTH NURSING
SSCN, VAPI



 11th April, 2025

 11 am to 12 noon

 Conference Hall
SSCN, Vapi

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JOURNAL CLUB REPORT

Date: 11th April 2025

Venue: Conference Hall

Participants: Faculty Members and M.Sc. Nursing Students

The Journal Club session was successfully conducted in the Conference Hall with enthusiastic participation from faculty members and M.Sc. nursing students. Esteemed faculty members presented two engaging topics:

Topic 1: "Artificial Intelligence: How to Use It Effectively in Research and Manuscript Writing"

Presented by: Principal Prof. Samuel Ferandis

He delivered a comprehensive presentation on the growing role of Artificial Intelligence (AI) in academic research. He outlined various AI-based tools and platforms that aid in literature review, data analysis, reference management, plagiarism detection, and enhancing academic writing. The session emphasized the ethical use of AI and provided practical strategies for integrating AI tools effectively throughout the research and manuscript development process.

Topic 2: "A Study to Evaluate the Feasibility of a Nurse-Led Follow-Up Clinic Among Post-Myocardial Infarction Patients Attending the Cardiology Outpatient Department at CN Centre, AIIMS, New Delhi"

Presented by: Prof. Mrs. J.M. Silja

She delivered an insightful presentation on the implementation and impact of Nurse-Led Clinics (NLCs) in the management of post-myocardial infarction patients. The presentation highlighted the structure, objectives, and clinical roles of nurses in such clinics, with a focus on patient education, adherence to follow-up care, and improved outcomes. She referenced current data, international practices, and discussed the potential scalability and relevance of NLCs in the Indian healthcare system, particularly within primary and tertiary care settings.

The session concluded with an interactive discussion, where attendees shared their perspectives and clarified their queries. The event provided a valuable platform for academic enrichment.



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